

Meal Site Locations: Eugene & Springfield

Free meal sites, youth meal sites, and mobile meal programs in the Eugene and Springfield area.

Source: Food for Lane County meal site directory. Updated March 10, 2026. Call ahead when hours are limited or eligibility is unclear.

DAILY AND WEEKLY MEAL SITES

St. Vincent de Paul Service Station

450 B HWY 99 N, EUGENE

Hours: 7 days a week; 8:30-9:30am and 12:00-12:45pm; Wednesday lunch 11:00-11:45am
18+ only

Neighbors Feeding Neighbors

5TH AND WASHINGTON IN EUGENE

Hours: Wednesday, Thursday, Friday, Saturday, and holidays when FFCLC is closed; 9:30-10:30am

Hearth and Table

CENTRAL LUTHERAN CHURCH, 1857 POTTER STREET, EUGENE

Hours: Thursdays during the UO academic calendar, 6:30-7:30pm
College students only

The Dining Room

270 W. 8TH AVE., EUGENE

Hours: Monday-Thursday, 12:00-2:45pm
18+ unless accompanied by legal guardian

Looking Glass Station 7

931 W 7TH AVE, EUGENE

Hours: Daily, 5:00-7:00pm
Youth site

Looking Glass New Roads

941 W 7TH AVE, EUGENE

Hours: Monday, Tuesday, Thursday, Friday, Saturday, Sunday, 8:00am-5:00pm; Wednesday 8:00am-2:00pm and 4:00-5:00pm
Ages 16-24

Crossfire Field of Dreams

942 28TH ST, SPRINGFIELD

Hours: Sundays, 8:30am until food runs out

Food Not Bombs

PARK BLOCKS ACROSS FROM COURTHOUSE, EUGENE

Hours: Every Friday, 4:00pm

Free People!

WASHINGTON-JEFFERSON PARK, EUGENE

Hours: Sunday, 9:15-10:00am and 5:00-5:45pm

Hosea Youth Services

834 MONROE ST., EUGENE

Hours: Monday-Thursday, 12:00-2:00pm and 5:00-6:00pm; Friday, 10:00am-2:00pm
Ages 16-24

MOBILE MEAL PROGRAMS AND STREET OUTREACH

Burrito Brigade

WASHINGTON JEFFERSON, WHITE BIRD, AND SERVICE STATION AREAS

Hours: Saturday 12:30-1:30pm; Sunday 1:30-2:30pm

The Way Home, Interfaith Food Hub, and St. Mary's Kitchen

EUGENE AND METRO-AREA CAMPS / INFORMAL HOUSING

Hours: Weekdays and weekends



Call Food for Lane County at 541-343-2822 with questions or updates. Food for Lane County is an equal opportunity provider.

Scan for the latest version: <https://lanehelp.com/handouts/eugene-springfield-meal-sites>